

From the Heisenberg eqs of motion,

$$i\hbar \frac{d}{dt} \hat{x}^H(t) = -[\hat{H}, \hat{x}]^H \quad \text{and} \quad i\hbar \frac{d}{dt} \hat{p}^H(t) = -[\hat{H}, \hat{p}]^H.$$

$$\text{Since } \hat{H} = \frac{\hat{p}^2}{2m} + V(x),$$

$$[\hat{H}, \hat{x}] = \left[\frac{\hat{p}^2}{2m}, \hat{x} \right] \quad \text{and}$$

$$[\hat{p}^2, \hat{x}] = \hat{p}[\hat{p}, \hat{x}] + [\hat{p}, \hat{x}]\hat{p} = -2i\hbar \hat{p} \quad \text{so} \quad \left[\frac{\hat{p}^2}{2m}, \hat{x} \right] = -\frac{i\hbar}{m} \hat{p}.$$

$$i\hbar \frac{d}{dt} \langle x \rangle_t = i\hbar \frac{d}{dt} \langle \psi(t) | \hat{x} | \psi(t) \rangle = i\hbar \frac{d}{dt} \langle \psi(0) | \hat{x}^H(t) | \psi(0) \rangle$$

$$= -\langle \psi(0) | [\hat{H}, \hat{x}]^H | \psi(0) \rangle = +\frac{i\hbar}{m} \langle \psi(0) | \hat{p}^H(t) | \psi(0) \rangle = +\frac{i\hbar}{m} \langle p \rangle_t \Rightarrow$$

$$m \frac{d}{dt} \langle x \rangle_t = \langle p \rangle_t.$$

$$\text{Next, } [\hat{H}, \hat{p}] \phi(x) = [\hat{V}, \hat{p}] \phi(x) = \hat{V} (-i\hbar \frac{\partial}{\partial x}) \phi(x) - (-i\hbar \frac{\partial}{\partial x}) \hat{V} \phi(x)$$

$$= -i\hbar \hat{V} \phi'(x) + i\hbar V' \phi(x) + i\hbar \hat{V} \phi'(x) = i\hbar V' \phi(x) \Rightarrow$$

$$[\hat{H}, \hat{p}] = i\hbar V' = i\hbar \frac{\partial V}{\partial x}.$$

$$i\hbar \frac{d}{dt} \langle p \rangle_t = i\hbar \frac{d}{dt} \langle \psi(0) | \hat{p}^H(t) | \psi(0) \rangle = -\langle \psi(0) | [\hat{H}, \hat{p}]^H | \psi(0) \rangle$$

$$= -i\hbar \langle \psi(0) | \left(\frac{\partial V}{\partial x} \right)^H | \psi(0) \rangle = -i\hbar \left\langle \frac{\partial V}{\partial x} \right\rangle_t \Rightarrow$$

$$\frac{d}{dt} \langle p \rangle_t = -\left\langle \frac{\partial V}{\partial x} \right\rangle_t$$